

The Game To Win Presents...



# "ZERO" FEAR OF REJECTION

"7 BIGGEST 'Mental Roadblocks'  
You Must OVERCOME To Get  
MORE Girls Than You've In The  
Past!"

# Introduction

You know why certain guys always get the girl? Yeah, they do because they're 'naturals.'

They possess A LOT of skills that most ordinary guys don't.

**But out of all the skills, the most important is:** How to approach women.

If there's one thing you'll have to learn (and master) quickly, it must be the 'approach.'

If you're unable to start conversations with women, all other attractive male traits you may possess -- your confidence, coolness, alphaness etc -- becomes useless.

Yes, it's nice to have beautiful women find you attractive, but it won't really matter if you can't walk and approach her.

The internet is crammed full of resources about approaching women, but there are a handful of them that I highly recommend, like the "[Daytime Pickup: From The Cafes, Malls & Streets... To The 'Bedroom' \(The Natural Progression\)](#)" course. This daytime pickup mastery course covers *everything* you'll need. (In fact, I used the same resource for my approaches).

This free report isn't going to cover a lot of important skills in detail. However, I'm going to reveal to you the MOST important stuffs (mindsets and techniques) that'll help SKYROCKET your results with women:

## **Most Important Stuff #1:** **“Mental Game”**

In this section, you'll learn how to crush all of your self-limiting beliefs that may be holding you back when it comes to approaching women.

Over the past 7 years, I've noticed that A LOT of difficulty and lonely nights that most guys experience sprout from one thing: **their mind**.

You see, many guys have 'negative' mindset which freezes them into in-action whenever they see an attractive woman.

That is *why* I decided to write this report for you.

**This report will help you in two ways:** *First of all*, it will help you overcome any 'mental roadblocks' (hurdles) you may have -- knowingly or unknowingly -- developed over the years.

*Secondly*, it will help you develop the 'right' -- more positive and powerful -- mindset... so that you can *easily* approach and strike up a conversation with ANY woman... WITHOUT hesitation.

So, let's get started:

## **Mental Roadblock #1:** **“Fear of Approaching”**

There are many obstacles a man has to overcome to be *incredibly* successful with woman, BUT the BIGGEST hurdle of them all is: **The fear of approaching women.**

If you've *ever* felt nervous before approaching a woman, you probably have experienced this fear before.

### **What is “fear of approaching?”**

Well, it's strong physical and psychological reaction you experience right BEFORE you approach a woman. For most guys, *this fear* paralyzes them into in-action.

He sees a beautiful girl and wants to talk to her, but he just can't seem to take the ACTION. When that girl walks out of his life forever, he realises he gave into his fear, and kicks himself for not even trying.

For some guys, overcoming their fear of approaching can be really difficult. It often takes weeks (and even months) of hard work for them.

I want to be honest with you guys here. I don't want to offer a *quick* solution in this report.

**Here's what you'll find in this report:** You'll discover how a simple *shift* in your mindset can instantly diminish the fear of approaching.

You see, in the past, I used to have the fear of approach.

For almost 15 years, I let my fear prevent me from approaching women.

I would always see beautiful women, but I always came up with 'excuses' as to WHY I could not go over and talk with her. I knew I had this problem, but still, I couldn't do anything to fix it.

Finally, one day, I 'Manned Up.' I tried a bunch of different stuffs and read lots of books to deal with this issue I had.

**Here's what I learned:** Almost every man out there *suffers* from some kind of "approach anxiety."

And the root cause of this problem is: **The way we look at the 'outcome of the conversation.'**

Just think for a second what goes through your head when you see an attractive woman walking in the street. You, like most 99.999% of other guys, probably think about a lot of *things*, like:

*What will happen if you walk up to her?*

*Will she give me her phone number?*

*What's it's like to be sleeping with her?*

*How awesome would it be having sex with her.*

*How your life would change if she becomes your girlfriend.*

Most likely hundreds of other scenarios go through your head even before you've made a *move* on her.

**Here's what's so interesting about this:** You don't even know if you'd even *like* her... at all!

Maybe you're that kind of guy who likes to create a NICE and SAFE fantasy movie in your head where you imagine 'having' that HOT chick in your

life as you cross the room. After all, it's safe and comfortable. You don't have to take a *risk*. And, there's nothing to lose.

But, there's still a HUGE problem with this way of thinking. It's still a *fantasy!*

Yeah, OF COURSE, it would be all exciting and fun to imagine a life with this fantasy girl in your head. But, to be honest, it's still a 'false reality.'

The real challenge comes when you realize that you actually have to walk up to this goddess of beauty and *actually talk to her*. That's when you start to second-guess yourself, thinking about things, like:

*"What if she gives me a cold shoulder?"*

*"What if she turns me down?"*

*"What is she laughs at my futile effort to talk with her?"*

*"What if her 250-pound guerilla boyfriend kicks my ass?"*

Okay, these are real and genuine concerns. I can't say they are not important.

**Here's the 'real' problem:** A LOT of guys imagine that it's SAFER to live in a *fantasy land* with a girl than t... *risk* having her rejected them.

By walking up the girl and risking rejection, many guys think/feel that they'll 'lose' what they've already 'gained.' For these guys, it's a lot SAFER to live in a secure imaginary land than to have their dream shattered by a woman who is NOT even interested in them.

**So, it all boils down to THIS:** Many men spend their life living in a 'fear of loss' over a 'desire for gain.' They'd rather dream about that ONE special girl rather than experience the anxiety and nervousness that is a 'normal' part of the approach process.

*So how do you correct this problem?*

**Here's how:** The quickest (and the best) way to lessen (or defeat) AA is to understand the concept of 'Outcome Orientation.' This problem arise, over and over again, when a guy obsessively worries about what *could* go wrong instead of ...

... focus on being IN THE MOMENT.

A guy like *this* sees a beautiful woman and IMAGINES all sorts of things about her. Some are positives and others are negative. He becomes paralyzed into 'in-action' because he's too worried thinking about the outcome.

Now, let me be extremely honest with you here. The solution to this issue is easy to explain, but really difficult to implement for many guys in the real world.

**Here's the solution:** Let go of ALL expectations before approaching a woman.

Sounds simple right? Well, it's extremely easy to say you don't care, but extremely difficult to make it happen.

In order to make this solution a habit, I want you to DO these 3 simple things:

**1st simple thing to cure AA:**  
**“Don't pedestelize her”**

Sure, she could be a *Miss America* and you like her. But, she's *still* a human being. She's not your soul mate. She's not 'perfect.' And, definitely, she's not an 'angel' sent from above.

Just like men, women have flaws. So, STOP wasting your time thinking otherwise. And, forget that you MUST have this girl in your life.

**Here's an exercise to cure your 'mental pedestal:'** Next time, whenever you start to fantasize about this particular woman, in your mind, imagine one particular thing you find extremely repulsive. **For example, "She smells bad."**

Trust me on this, but this 'mental image' about her will definitely knock her off your mental pedestal.

## **2nd simple thing to cure AA:** **"Stop thinking about what could go wrong"**

Remember that almost 99.00% of "failed" approaches aren't that bad, as you might imagine.

**And the worst thing that can happen to you is:** A woman will be rude to you and not respond to your attempt to start a conversation.

But you'll live no matter what happens.

Even if she's not interested to talk to you, she'll at least be polite about it. No one is going to MOCK at your *futile* effort to talk to this girl. You are not going to die. And you're not in danger.

Personally speaking, I only had a couple of "bad approaches" where something unpleasant happened. The girl I was talking to was too drunk, and we had a slight verbal exchange (nothing physical), and we went back our separate ways. From that moment, I also learned NOT to get involved with drunk chicks. I moved on. You'll too. It's really not as bad as you imagine.

So go out there and start talking with the chicks.

## **3rd Thing To Do:** **"Replace Outcome Oriented Mind With a Healthy & Positive One"**

Remind yourself that you're just trying to start a "friendly" conversation!

You're not going to propose her. You're not trying to get laid. And you *really* don't care if she really likes you.

**Here's the best mindset to adopt when approaching chicks:** You're testing this girl to see if you "might be" interested in getting to know her more. This new mentality EMPOWERS you where you become the "selector"... rather than being the "selectee."

One way to imprint this mindset permanently in your subconscious is to write the following on a piece of paper:

*"I am going to walk over to this girl and talk with her and see if I like her. It's just a random chat. Nothing more. If I'm interested, I'll ask for her number."*

**Just write the statement in your own words. Memorize it. Re-read it before making an approach to women.** Using a positive affirmation like this is a great way to overcome your fear of approaching women.

Your "outcome orientation" is replaced with a POWERFUL MINDSET. And... you live in the moment.

This way, you'll stop worrying about the outcome (getting phone number) of a conversation. And, you'll *pay attention* to her more and *respond better* to the things she's saying.

## **Mental Roadblock #2:** **“Negative Self Talk”**

Self-talk is really powerful. These are the phrases you say to yourself on a daily basis. And they can be either positive or negative.

**The most interesting thing about self-talk is:** Your actions are mostly based on the words that you repeat to yourself.

So, if you think you're going to screw up with the girl, you're *going* to screw up. And if you think you're going to SUCCEED, you'll. Most of us use self-talk before approaching a girl. Sadly, most of it is negative. **For example**, they'll say stuff like:

*"I am not that good looking to attract her."*

*"She is surrounded by all those guys and won't be interested in me."*

*"I am nervous."*

*"I don't have confidence."*

*"She's a 10. No way she would be interested in me."*

*"I don't know what to say to her. I'm scared."*

You see, the negative self-talk varies from one guy to the other. **BUT, almost all negative self-talk has one common element:** Most guys worry too much about what could go “wrong” instead of what could go right.

Rather than seizing the opportunity to meet someone new, they're preoccupied with strong, negative self-talk that *paralyzes* them into “in-action.” This negative emotion is so STRONG that it mostly stops A LOT of guys from taking action (approaching a girl)...

... even if they secretly want to.

If you're consumed with negative self-talk you need to *immediately* solve this problem.

**First of all**, pay CLOSE attention to the words you're saying yourself right before (and after) you approach.

**For instance**, when you're about to approach a girl... take notice of the words you're telling yourself. Are they positive or negative? If they're negative voices in your head, WRITE them down.

Do this exercise several times to really root all the different types of negative self-talk you're using. Once you've done that, the next thing to do is: Challenge all those "negative" self-talk you've been using, one by one.

**Here's the most effective way to challenge your negative self-talks:** Come up with a "list" of affirmation statements to you read out loud every day.

Remember, the affirmation statements must be written in present tense and in positive tone. (Hint: It should be exactly the OPPOSITE of your negative self-talk.)

**For example:** Let's say one of your self-talk statements is like this: "I don't have any interesting things to say to that girl."

**Here's how you can turn *this* negative self-talk into a positive one:** "I have PLENTY of interesting topics to talk about with a girl when I approach her... and she's going to absolutely LOVE it."

Do **this exercise** for each negative self-talks that comes up when you approach a girl... and replace them with a positive statement.

Lastly, repeat those positive statements out loud regularly until you start believing in it.

I also suggest you do this exercise before and after you approach a girl.

### **Mental Roadblock #3:** **“Hesitation”**

As mentioned earlier, A LOT of guys worry too much about the ‘right things’ to say to a girl. They do this to impress the woman right from the beginning, and thus, wrack their brains out, trying to come up with a clever (rejection-proof) line that’ll attract *all* the ladies.

Not gonna happen in million years!

It will *only* paralyze you into “in-action” ... even before you approach a girl.

So, don’t try to be a “perfect guy” who ALWAYS has the “perfect line.”

When you want her to like you *immediately*, you’ll end up thinking A LOT about your approach, trying to come up with the ‘right’ way to start the conversation. By doing this, you allow minutes (and even hours) to run BEFORE you even summon up the courage to approach her.

This major hurdle comes from *hesitation* -- the idea of waiting for the “perfect” moment (or perfect line) -- which is a nasty way your subconscious mind allows you *lie* to yourself.

**Here’s what’s happening actually:** You're simply too scared to approach the girl, and so you come up with all kinds of excuses to avoid the pain of getting rejected. After all, it's much SAFER route to take thinking you don't know what to say...

... rather than admitting “I am simply afraid to approach this girl.”

*Even the best excuse is still... an excuse.*

**But, there's a downside to it:** Women can *sense* your hesitation as they're highly intuitive creatures. If you hesitate to walk up to her and start a conversation... she's most likely going to pick the "vibe" that you are afraid to talk to her.

Guess what happens then? **She'll ASSUME that you're a "low-status" guy.** By *hesitating* to approach, you'll not only *psych* yourself out, but you'll also make her believe that you're not CONFIDENT.

**Here's the solution:** Approach *without* hesitation. When you see a beautiful girl you'd like to meet, **give yourself no more than 5 seconds to approach her.**

Taking too long can allow your mind to come up with several "excuses" (as discussed above) as to *why* you can't approach.

*What do you say during these first few seconds?*

Anything. You can say ANYTHING you want during these brief moment.

Now, OF COURSE, it's not going to be the "perfect" line... but at least you're allowing yourself to TAKE ACTION. Isn't that great in itself?

And, simply walk over to her and utter a word (or any sound) through your mouth... and don't worry about what you say. Okay?

I know, *this solution* seems over-simplified, and that's probably true because...

**... the best solutions are often the simplest ones!**

**Here's what will happen if you do this:** Your success with women will SKYROCKET if you just allow yourself approach women *without* "hesitation" on a

regular basis. By doing this, you'll train to live IN THE MOMENT and NOT WORRY too much about saying the 'right' things to *impress* the lady.

**Also**, you'll seem NATURAL to the ladies because whatever comes out of your mouth won't seem 'scripted' or 'canned.' Rather, you'll appear as a CONFIDENT guy with a 'cool vibe' that most attractive women find absolutely irresistible.

## **Mental Roadblock #4:** **“Too Many Excuses”**

'Excuses' prevents us human beings from taking action and doing certain things.

Excuses, like...

“I don't have enough time for exercise.”

“I am too nervous and ugly to have a relationship with that HOTTIE.”

“I don't have the capital and expertise to start my own business...” are all excuses we tell ourselves every day.

But the problem crops up when you make excuses why you can't do certain things; it becomes super easy for your subconscious mind to believe that type of mindset.

Then, as you've already imagined, you're stuck with the same job, same life, same girl-friend, which made you depressed in the first place!

Yeah, I admit, we've made many excuses at some point in our life, including myself.

Sadly, I see many guys doing this on a regular basis, especially when it comes to their LOVE and FINANCIAL life.

The *type* of excuses I am talking about is not uncommon.

**For example**, let's say you spot a beautiful girl walking in the street, a common excuse pops up why you can't approach her.

You could say *any* of these things to yourself:

*"She's surrounded by other guys, she wouldn't be interested in me."*

*"She would not be interested in me because I am not as charming, handsome, or successful as other guys."*

*"I am not in the mood. I will wait for the perfect moment."*

*"If I go over and talk to her, then all of my friends will make fun of me. Then everyone will be annoyed later."* (Seriously I was that guy once.)

All your "excuse habits" is the direct result of the way you've been taught to handle adversity.

Just like pets, you've been trained from early to act in a 'certain manner' when you want to approach a girl. In a metaphorical sense, you've learned to *curl your tail between your legs and moan* whenever you feel stressed.

Rather than walking over and talking to women, you've developed this BAD HABIT of using your mind to come up with all kinds of pathetic reasons *why* you can't approach.

Isn't that pretty insane? Yes, it is!

Listen. The word 'can't' is the deadliest word in the English dictionary. It stops you from taking ACTION. It prevents you from living your life to the FULLEST. And, it stops you from getting all the wonderful things that life has to offer to you.

Using the word 'can't' regularly, whether you realize it or not, will limit you from accomplishing all you can in your life. When it comes to courting women, this word will prevent you from taking risks on meeting the type of women you *truly* want in your life.

So rather than obsessing about *why* you can't talk to a girl, why not adopt the 'mindset' of why you CAN?

**Here's the simple solution:** Develop a 'problem-solving' mindset.

Just like with the 'negative self-talk exercise,' *jot* down and record all of your excuses in your journal daily.

Do you feel you're too ugly? Too short? Too tall? Too old? Too poor? Too stupid?

All of these are WEAK excuses that most guys make. Many of these can be fixed. But few of them can't.

**For example:** If it's something like your appearance or weight, understand that it can be *fixed*. You only have to use your 'problem-solving mind' to come up with solutions for overcoming these obstacles.

On the other hand, if it's something like your *age*, then it's effective (and headache-free) to develop the right kind of 'mindset.'

It's no secret that many girls are attracted to 'older' guys. Just use your 'problem-solving mind' to create the kind of mindset where you really don't care about *any* limiting factor you possess.

## **Mental Roadblock #5:** **“Anger Issues”**

This is a common issue I see A LOT of guys have. Unfortunately, a large number of men have this strong sense of ‘entitlement’ when it comes to women.

A guy who feels he is entitled to women constantly lives in the state of *anger*.

When he doesn't get the results he feels he ‘deserves,’ he puts the blame on the women for it.

When guys like this sees a provocatively dressed women, he feels he's allowed to treat her in a demeaning manner because he *thinks* “she's probably a slut or something similar.”

I get a lot of emails every day. Most of what I read is positive. These emails are from guys who are committed to IMPROVE their life and success with women.

Sometimes, however, I also get few message that's filled with outright hostility towards women. It has made me realize that many guys out there simply harbor some serious anger issues.

Don't believe me?

Next time when you're at a bar or a club, I want you to pay close attention to what other guys are saying to each other.

You'll notice some guys saying angry things towards women without even trying to talk to her.

They'll think (or say) stuff about how she's probably a slut or seems to have a bad attitude. (I'm being waay too polite here... a lot of guys *actually* say a lot worse than this.)

Well, don't get me wrong here. I am not accusing you of being an angry man. But odds are some guys reading this report WILL have a lot of 'anger issues' towards women.

No matter what they are, this type of hostility won't help you with women. What'll happen is that you'll end up giving off 'negative vibe' to women, which actually repulses them.

**Here's the solution:** *(Again, don't get me wrong. I am not accusing you of having anger issues. Most guys I deal with are normal people. However, I think this is a major hurdle that needs to be addressed as soon as possible for the small number of readers who are dealing with this problem. So if you don't have any anger issue with women, please feel free to skip this section and move to the next.)*

I don't have to be Sigmund Freud with you to make you understand that being angry towards women is the direct result of feeling 'insecure' about yourself.

This feeling often surfaces from wanting more success with women but having absolutely no *clue* how to do it. A guy like this often feels insecure about himself whenever he sees an attractive (beautiful) woman.

He *feels* that she'll reject him even if he approaches her. So in his mind, she's a slut or a bitch because she'll 'most likely' hurt his fragile ego.

So, you see, a lot of times anger towards women comes from a form of self-hatred.

Remember no one else but YOU are responsible for your success in life. If you are not good at something, then do everything possible to *fix* that issue. But don't just blame others for your failures.

If you're often angry towards women, it's most likely you don't know the RIGHT way to attract their interest. (That's why I wrote this report for you.)

Really, your success depends entirely upon you.

**Here's what I can guarantee:** With the 'right' mindset (and, of course, hard work), you can have as much success with women as you want.

In addition, one of the BEST barometers of success in life is who you choose to spend most of your time. If you're spending most of your time with guys who are negative (or hostile)... it becomes very easy to develop the same type of attitude.

Do yourself a BIG favor: **Go out and start making 'new' friends.** Guys who have a positive attitude are really successful with women. Become *really close friends* with these people.

**Ask them questions to learn what works for them. Learn everything you can about giving off that 'positive vibe' that naturally drives women towards you.**

*What kind of life do you want to create?* Everything depends on you. You'll soon realize that *being around positive people and developing your social skills* is the 'top secret' of becoming more attractive guy around the ladies.

## **Mental Roadblock #6:** **“Believing in LUCK over success”**

You've probably heard about a guy using the expression, "I got laid with that HOT chick. I was really lucky last night..." after having sex with her.

It's an interesting phrase. When a guy uses a phrase like this to his friends or himself, he subconsciously believes that any success he has with women is the direct result of some external force, not from the internal source.

Many guys waste their 'love life' waiting for the 'perfect' moment.

They watch way too many chick flicks and listen to way too many love songs on the Tele.

*What has this done to these guys?* Well, all these chick flicks and songs on the Tele has programmed many guys into believing that 'luck' will bring you that special woman.

*Fate* will bring her to you. Fate will make you walk over to *her* and strike up a conversation. Fate will let her know that you're a shy and awkward guy so she has to be the one to set up the date.

But, I guess you can clearly see the pitfall of relying waay too much on fate.

When you *rely* on external forces like 'luck' it becomes easy to put blame on others for your current situation. Anytime you \*fail\* with the woman, you put blame on "why it wasn't meant to be." An attitude like this will cause you to build a mindset that you have no control over your success with women.

*So what to do about it?*

**Here's the answer:** You'll have to shift your attitude and develop a way of thinking called 'success mindset.'

This is a way of thinking where you internalize any outcome that happened in your life. If you're rich, it's because you made that happen. If you're good with women, it's because you made it happen. If you're good at what you do, it's because you made it happen.

With this right mindset, you'll realize that... **YOU are in complete control over your life and with women.** If something doesn't go right, it wasn't because of *bad luck* it was because you made a *mistake*.

*"But I will fail with women!"*

Yes, you will get rejected by women all the time. So, of course, you can't beat yourself for getting rejected. We all get rejected a LOT of times. Starting a conversation with someone you don't know is like taking a *risk*.

**But the most important thing to remember is:** Each 'failed approach' will teach you something valuable that will eventually improve your success. So rather than beating yourself for getting rejected by women, look for the lessons you just learned.

*Did she already have a boyfriend or a husband?*

*Were you too forward with your approach?*

*Did your conversation hook her interest?*

*Were you displaying confident body posture?*

These are the questions you must ask yourself after every approach... even after the successful ones.

Looking for the lesson on a consistent basis will shift your external mindset into an internal mindset. In other words, you'll stop to make excuses why you're not having any 'luck' with the ladies.

You'll start to realize that the result you're getting is due to mistakes you're making. Not some subtle outside force that is controlling your life.

YOU control the outcome of your life. So stop making excuses and thinking yourself as a lucky or unlucky guy.

Create a mindset that you can achieve whatever you wish to achieve in life, which will also increase the success you're having with women.

## **Mental Roadblock #7:** **“Now Having a Clue How to Start a Conversation”**

This is the BIGGEST hurdle many guys have difficulty overcoming, and that's why I've included it in the last. Being unable to think of “what to say” when approaching a girl is the BIGGEST problem many guys have.

- *Do I use some cheesy pickup line?*
- *Should I ask for her opinion?*
- *Should I be indirect or direct?*

These are all questions you might ask yourself.

**The harsh truth about starting a conversation with a woman is:** YOU need to be the first to break the ice. She's not going to do this for you. If you want to talk to her, you'll have to approach her.

*So what should you say to her?*

**The good news is:** There are different ways to strike up a conversation with a woman.

In the section below, I'll give you 3 simple ways you can strike up a conversation with *any* woman. Remember, all of them are ones I've personally used and tested when approaching beautiful women. And guess what, they work like wonder.

### **#1 way to strike up a conversation:** **“The Facial Expression Trick”**

I want to be honest with you. My approaching skills aren't that smooth. Like most guys out there, I hate the idea of thinking something clever to say when talking to a beautiful woman I am interested in. So one of the interesting thing I

have done for myself is to build an attractive lifestyle and get women to do all the *legwork*.

Yeah, it's kind of lazy, but you see, it works almost all the time. :)

The only problem I have is whenever I see an attractive lady across the street, I know the only way to meet her is to be a MAN and approach her.

The huge problem is I really don't like the long and complicated conversation starters. There's too much to memorize. Rather, I am a big fan of using stuff that is direct and simple, which also gets the ball rolling.

I mean, who wants to waste 10 minutes telling awkward story, hoping the woman will find it interesting?

If I'm going to fail, why not fail *fast*, right?

Right! So whenever I see an attractive woman, I use my facial 'trick' conversation starter that almost works all the time.

In fact, it works almost 90% of the time when I used it.

**Here's what I mean:** You can approach a girl without even spilling a word from your mouth.

Whenever you're in a public place, the natural (or human) thing to do is to observe who's (or what's) around. Your goal is to use your surroundings to your advantage. So when you see a girl:

- You walk over to her and say whatever that comes to your mind.
- While doing so, hold eye contact with her, and smile :)
- Whatever she's saying at the moment, flash an over-exaggerated look at her, which will make her laugh. I ALWAYS like to flash a funny and playful face.

*Why does this work?*

**Here's why:** Well, most people (particularly most guys) act way too serious when they're in a social place like a club or a bar. Most guys are way too conscious to be themselves. They're way too busy to give off that 'tough guy' vibe. I was that guy, too.

To set yourself apart from these clowns, what you can do is show that you don't really give a *damn* about the outcome. That you don't take life too seriously. By showing a woman that you're playful and demonstrating that through expression, you show to her that you are a FUN guy.

Without even saying a word, you'll automatically know that you're the type of guy she'll be interested to meet.

For me, I often start with, 'Hey, did you get my text message?' (if she's looking at her mobile). This only gets her to laugh even more.

*So what type of faces you should make?*

There's no hard and fast rule to follow. But I suggest that you *try* to get her laugh. Follow these **examples**:

- Give her a 'pouty' look
- Stick your tongue out
- Give her a mock-embarrassed look.
- Show the exaggerated "pick up artist" wink.
- Show a fake a suspicious look (like you're not sure why she's looking at you.)
- Do a mock 'in love' expression (grab your chest and flutter your eyes)
- Send a quick wave
- Give a quick head *tilt* (like the "what's up" expression)
- Pretend to be really angry and then crack up into a smile.
- Display big 'shit-eating-grin' smile.

At this point in time, you must be saying to yourself how will this even work for you.

Well, I can understand your pain.

But let me give you an **example** that my friend used. He isn't the most handsome guy in the room, BUT he's pretty successful with women.

Just a few years ago, he met his current girlfriend at a nightclub. After talking with her and making an eye contact, he went to great lengths to make her laugh (at my expense, I might say.)

Being such a great friend that he is, Aaron 'threw me under the bus' just to get a laugh.

As I was busy talking with other people, he just looked over to his girl as she was talking with her friends, and all of a sudden, he started to 'fake-choking' himself pointing at me with a smug look on his face. And before I could ask Aaron what the hell he was doing, he was across the room busy talking with his future girlfriend.

This brief story brings up a few KEY points:

- **You do not** need to rely on a better win.
- **You do not** have to rely on pick up lines or rely on gimmicks to start a conversation
- Just a warm smile and a friendly attitude can be your 'secret' weapon of getting girls

**Remember:** When using facial expression, she might look away from you initially. And making an eye contact with a complete stranger could be uncomfortable for a lot of guys. But if you keep on practicing with more women, it would be as easy as a walk in the park.

Oftentimes, a girl will look away for a while and then wait for a few seconds before looking back again. And when she is doing this, MAKE SURE you do not turn away. Instead, keep smiling at her or nodding your head at her or use any of the funny expressions I just mentioned to you.

Just being playful with a girl will make her talk with you. And when you get a positive response from you (an enticing smile), you only have to walk over and talk with her.

**#2 way to strike up a conversation:**  
**“Ask for her opinion”**

The 'opinion' opener is also a great way to start a conversation with the ladies. And applying this simple technique is surprisingly easy. You only have to walk over to a woman and ask for her opinion on things.

**Opinion opener does three things for you:**

First of all, it allows you to start a conversation.

Secondly, it helps you get her attention (she has million other things to get distracted about).

And thirdly, it allows you to transition into getting to know her better mode.

That's why it's very different from other 'conversation starter' because it sounds natural, unlike corny pickup lines that most guys use without any success.

**Here's why asking for a woman's opinion works:**

*Women LOVE to offer their opinions.*

*You can use the response you get from her and use it as a follow-up conversation.*

*You're not outrightly displaying your intentions.*

*You become more interesting than other guys who don't approach her.*

## **Here are other few critical elements about 'opinion opener':**

First of all, try to make it an open-ended question. So her response will be more than just a simple 'yes' or 'no'.

Secondly, if there other people in the group, involve everyone, and not just the girl you're interested in. Do this to every group you approach so that they'll get an impression you're a fun, outgoing guy.

Thirdly, to make the 'opinion opener' even more effective, give yourself a time constraint.

If the group knows that you're only going to stay there for a few minutes, then they'll be more likely to open up with you and be friendly. You can easily accomplish this by starting the conversation like this: *"Hey guys. A quick question..."*

So you see constructing an opinion opener isn't that difficult. You just have to sit down and think about 3 to 4 engaging questions you can ask any women.

**For example**, here are few opinion openers that I have used in the past, which worked really well with the ladies.

*"Hey guys, just a quick question... My buddy and I was were having an argument yesterday that I hope you guys can settle..."*

*"We were having a discussion about our other close friend who cheated on her girlfriend and was caught red-handed..."*

*"Unfortunately, his girlfriend found this other girl's g-string underneath his bed. To cover for himself, my friend told his girlfriend that he has a fetish for wearing women's underwear. What's really interesting is his girlfriend totally loves his new idea and makes him wear this G-string..."*

*“So can you guys help me solve this argument once and for all? What do you think: should he continue to cover himself or should he be honest with his girlfriend?”*

Well, this opinion opener has been used by many guys in the past. So you'll have to come up with something that's a little bit different.

The main element I want you to pay attention is to pay the elements of humor, drama, and interest that's been used in this opener. Remember to use all of these elements to create your own opener.

### **#3 way to strike up a conversation:** **“Go Direct”**

This conversation starter doesn't require you to play any 'mind games' with the ladies. Many guys think they need a 'magical line' to talk to women. But that's really not true.

Sometimes, being direct generates the best result.

**Here's what I mean:** You approach a girl you're interested and let her know your intention of getting to know her better. You won't *rely* on pick up lines, no gimmicks, and no opinions. You let her know that you saw something interesting about her (maybe, it's the way she's walking, hairstyle, the earrings, or her long black coat, or whatever else you find enticing) and you want to know more.

**The important point to remember when using this conversation starter is:** You liked something about her that doesn't have anything to do with her looks. So it should be an opener that relates to her actions (or her *style*) rather than her attractiveness. That way you don't come across to her as a 'corny pick up artist.'

Instead you come across as a CONFIDENT guy who knows what he wants and isn't shy to go for it.

In my case, I like to use different type of this conversation starter when I spot a cutie during the daytime.

With this technique, you walk up to a woman and tell her how busy you are, but then there was something intriguing about her that really made you want to go and talk to her. For example, you could say something like:

*"Hey, I am on my way to (insert whatever you're doing), but you seem like a friendly person and I had to come and meet you. My name is..."*

Of course, this is a way to direct way of starting a conversation with women. She can either choose to get to know you better or she might say no. It's like high risk/high reward thing.

With this conversation starter, you'll often get rejected because the woman often has your looks and body language to judge you by. So if you're not displaying a confident attitude, then she might blow you off.

**But trust me when I say this:** When the direct opener works, it really works. If she's interested in you, you can say goodbye to a lot of game playing that you often have to deal with indirect openers.

Rather, you'll head to the point where you both know you *like* each other. It's also a great way to escalate things physically with the girl.

**When you approach a girl with a 'direct opener' all you do is:** Walk over to her, smile, and give her a nice compliment, and then tell her that you 'just had to come and say hi to her.'

And that's true, my friend. If you're approaching this girl, odds are there is something intriguing about her that does stand out. (Hopefully it's more than her looks.)

Depending on the situation (and what you want), you may want to use variety of adjectives other than 'cool.'

**For example**, some of the words you can use are:

- *Interesting*
- *Intriguing*
- *Funny*
- *Amusing*
- *Fascination*
- *Awesome*
- *Intoxicating*

With this conversation starter, your action becomes random. If you do your approach right, you'll come across as a confident guy who she has been fated to meet.

**Here's a great advice:** The direct opener works really well during the daytime when you don't have a lot of time to talk with people. Because of this, you'll get right to the point, talk to her only for few minutes, and if you're interested in her, ask for her number.

I highly recommend that you approach at least 5 to 10 women a day using this technique. It's one of the best way to crush many of the mental roadblocks that I've discussed in this report.

## **Conclusion**

Well that's all I wanted to share to you in this report.

I hope you learned a lot about crushing down the seven 'mental' hurdles which are stopping you from meeting the woman of you dreams.

Just remember that it's a skill set like any other. If you challenge these roadblocks and take proper steps to get rid of them, your success with beautiful (feminine) women will skyrocket in no time!

Now go out and *make it happen*

Abishek

**P.S.** I almost forgot...

In addition to what I shared to you in this report, there are, of course, a lot to learn about approaching women.

In my detailed book, "[Daytime Pickup: From The Cafes, Malls & Streets... To The 'Bedroom' \(The Natural Progression\)](#)" you'll get a detailed (step-by-step) plan for approaching women and building attraction instantly.

This course is particularly developed to help you get rid of that 'approach' hurdle with paralyzes many guys.

After implementing the mindsets, insights, and techniques shared in this report, you'll have the confident to approach ANY women, ANY time, in ANY environment.

Are you serious about SKYROCKETING your "approach women" success? Yes? Cool. Then I highly recommend you check out my one of a kind program, [here](#).